MONTH: October 2024 – Genesee Noon Meal

Menu Subject to Change Without Notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 2024	1) Turkey Ala King Rice Green Beans Multigrain Bread Fruit Cocktail Vitamin C Juice	2) Hot Dog w/ Condiments Baked Beans Broccoli Hot Dog Bun Ice Cream	3) Cheesy Beef Pasta Spinach Whole Wheat Bread Tropical Fruit	4) Chicken w/ Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Bread Cake w/ Topping Vitamin C Juice
7) Macaroni & Cheese Stewed Tomatoes Whole Wheat Bread Diced Peaches Vitamin C Juice	8) Roast Pork w/ Gravy O'Brien Potatoes Shredded Cabbage Multigrain Bread Strawberry Jubilee	9) Beef Stew Mashed Potatoes Brussels Sprouts Biscuit Pudding	10) Sliced Ham w/ Pineapple Corn Green Beans Dinner Roll Cookies Vitamin C Juice	11) Sesame Chicken Vegetable Rice Pilaf Asian Vegetable Medley Multigrain Bread Diced Pears
14) No Meals Served	15) Chicken Parmesan Penne Pasta Italian Blend Vegetables Whole Wheat Bread Mandarin Oranges	16) Tilapia w/ Lemon Butter Sauce Vegetable Rice Pilaf Tossed Salad w/ Dressing Multigrain Bread Vitamin C Juice Ambrosia	17) CHOCOLATE MILK DAY Meat Loaf w/ Gravy Mashed Potatoes Zucchini Dinner Roll Diced Peaches	18) Italian Sausage w/ Peppers & Onions California Blend Vegetables Diced Potatoes Hot Dog Bun Applesauce
21) Hamburger w/ Gravy Scalloped Potatoes Cauliflower Hamburger Bun Fruit Cocktail	22) Ravioli w/ Tomato Sauce Broccoli Italian Bread Cookies	23) Roast Beef w/ Gravy Mashed Potatoes Wax Beans Dinner Roll Pineapple Tidbits	24) Breaded Fish w/ Tartar Sauce Peas Coleslaw Hamburger Bun Vitamin C Juice Gelatin	25) Sliced Turkey w/ Gravy Squash Brussels Sprouts Dinner Roll Ice Cream
28) Shepard's Pie Mixed Vegetables Multigrain Bread Mandarin Oranges	29) Beef Stroganoff over Egg Noodles Beets Multigrain Bread Ambrosia Vitamin C Juice	30) Spinach & Cheese Frittata O'Brien Potatoes California Blend Vegetables Whole Wheat Bread Pudding	31) Happy Halloween! Spaghetti w/ Meatballs Chopped Spinach Tossed Salad w/ Dressing Italian Bread Cake w/ Topping	NOTE: 1 serving of 1% milk is served with all lunches. Menu is no salt added and low sugar.