

GENESEE COUNTY

MENTAL HEALTH CLINICAL THERAPIST (HELP Program)

DISTINGUISHING FEATURES OF THE CLASS: These duties involve responsibility for providing intensive individual and group therapy for patients with emotional, social and related problems at the County Mental Health Clinic. The Mental Health Clinical Therapist also serves as a member of the clinic team working with other staff members in treating, diagnosing and planning treatment for patients. The work is performed under the direct supervision of the Clinical Services Director or his/her designee who may define and limit the work to be performed. Employees of this class also provide consultation services to other community agencies to assist them in understanding and dealing with individual cases. Does related work, as required.

TYPICAL WORK ACTIVITIES:

Provides intensive individual and group therapy to individuals with emotional, social and related problems;

Provides clinical treatment planning for patients including: developing and maintaining treatment plans, diagnosing patients, and creating discharge plans;

May administer and score clinical assessments for diagnostic determination and clarification;

Attends and participates in weekly clinical supervision;

Serves as a member of a multi-disciplinary clinical team, providing clinical feedback to review cases during weekly team meetings;

Provides consultation services for other community agencies to assist them in understanding and dealing with individual cases;

May attend and participate in in-service training programs for clinic staff and staff members of cooperating agencies;

May take part in speaking engagements, panel discussions and community meetings concerned with community mental health programs;

Refers patients to community agencies which can provide necessary services;

Compiles case records and maintains statistical records on case load and work activities, including outreach call and letters to patients;

May be assigned to coordinate intake process of service requests from individuals and families, other agencies, hospitals and legal system including courts, probation and law enforcement;

May be assigned to coordinate client services through the forensic evaluation process;

Serves as a member of the "On Call" team, providing emergency crisis intervention after normal office/business hours.

The above examples of duties are intended only as illustrations of the various types of work performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to the position.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND/OR PERSONAL

CHARACTERISTICS: Thorough knowledge of the practices and procedures of mental health treatment; good overall understanding of human behavior; ability to study, diagnose, test where appropriate, and clinically treat and/or assess mentally and emotionally disturbed individuals and families; ability to organize work effectively; ability to interpret federal, state and local laws and regulations affecting mental health programs; ability to prepare and present oral and written reports; ability to use personal computer, including word processing software, calculator, copy and fax machine and phone; tact and courtesy; integrity; good judgment.

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

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While performing the duties of this job, the employee is frequently required to sit, and talk and hear. The employee is occasionally required to stand, and to use hands to finger, handle, feel or operate objects, tools, or controls; and reach with hands and arms.

The employee must occasionally lift and/or move up to 10 pounds. Specific vision abilities required by this job include close vision and the ability to adjust focus and make visual observations of clients.

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The noise level in the work environment is usually quiet.

MINIMUM QUALIFICATIONS:

Possession of a Master's Degree in Social Work, Mental Health Counseling, Marriage and Family Therapy, or Art Therapy* (or related field such as Community Counseling).

SPECIAL REQUIREMENT FOR APPOINTMENT AND CONTINUED EMPLOYMENT:

Possession of a valid NYS driver's license.

Possession of a valid NYS Department of Education license in Social Work, Mental Health Counseling, Marriage and Family Therapy, Art Therapy (or in a related field as defined above) or limited permit to practice Social Work, Mental Health Counseling, Marriage and Family Therapy, or Art Therapy within 30 days of hire.* Valid license must be obtained within 30 days of the expiration of the limited permit.

If licensed outside of New York State to practice mental health therapy, you must gain reciprocity to practice within New York State. Please contact the New York State Office of the Professions for more information on this.

NOTE: Your degree must have been awarded by a college or university accredited by a regional, national, or specialized agency recognized as an accrediting agency by the U.S. Department of Education/U.S. Secretary of Education. If your degree was awarded by an educational institution outside the United States and its territories, you must provide independent verification of equivalency. A list of acceptable companies who provide this service can be found on the internet at <http://www.cs.ny.gov/jobseeker/degrees.cfm>. You must pay the required evaluation fee.

All qualified applicants will be afforded equal employment opportunities without discrimination because of race, creed, color, national origin, sex, age, disability or marital status.

Non-Competitive Class
Adopted 5/23/23-5/17/24
Extended to 12/31/24
Revised 9/8/23, 5/30/24

