

Genesee County Office for the Aging



2023 Adopted Budget and Department Review

TABLE OF CONTENTS

	Page
Department Description.....	2-3
Core Services and Overview.....	3-4
Core Services Funding Breakdowns.....	4
Services Highlights and Goals.....	5-22
Budget Summary, Highlights and Multi-Year Comparison.....	23-29

DEPARTMENT DESCRIPTION

It is the mission of the Genesee County Office for the Aging to provide information, support and advocacy to our residents 60 years of age and older, their caregivers and people with disabilities of all ages. Our aim is to promote their independence and improve their quality of life.

To achieve this mission, Genesee County Office for the Aging (GCOFA) provides a myriad of programs, services and supports to help aging individuals, their families, friends and natural supports. These offerings include food service in the forms of both the home delivered meals and congregate meal sites, and our case managers and aging specialists who facilitate access to a wide variety of specialized information and assistance. Their expertise enables older adults to:

- Obtain personal care services such as bathing, toileting, dressing, laundry, cleaning, shopping, and meal preparation;
- Learn about health insurance issues, improved health and wellness topics, and isolation reduction strategies;
- Find ways to volunteer in the community;
- Procure evidence-based interventions, home modifications, small home repairs, and transportation;
- Locate caregiver supports and respite, and long-term services through the NY Connects No Wrong Door.

First and foremost, our programs exist to assist older adults and their families to live autonomous and fulfilling lives; additionally we are also an important part of collaborating on the Genesee County Comprehensive Plan, meeting state goals of becoming the healthiest state in the country, delivering on the Triple Aim, meeting the Olmstead Plan priorities, reducing future Medicaid costs, reducing preventable hospital readmissions and improving the overall well-being of our older population. GCOFA strengths include:

- Ability to improve the health of the community
- Providing one door for many services to support individuals in their homes
- Knowledge of community based provider networks and the ability to access them.
- Serving clients for life, not episode focused
- Experience with hospital transitions and evidence based programs
- Cultural and linguistic competence
- Not insurance or product driven
- Being nimble and adaptive to provide services and supports in the home and community
- Established relationships and trust

At our core, GCOFA engages our community, from healthy older adults, down to those most at risk. We address the social determinates of health, preventing inappropriate utilization of skilled nursing facilities and emergency departments, and preventing spend down to Medicaid. Social determinates of health are individual behaviors, social and environmental factors that together make up more than 60% of all health care expenditures. Interventions to address them comprise only 3% of national health expenditures, with 97% going to medical services. While health care is quite obviously important, the role that is played by our department assures that care plans, post-discharge services and supports are in place. GCOFA's role is essential for the continued

health and well-being of individuals and families in our community. We provide services in a person-centered way which coordinates and works with other systems at a fraction of the cost of Medicaid funded services; we are able to intervene earlier and we do not require a physician's note to access services using a high cost medical model.

CORE SERVICES:

1. NY Connects Genesee County-Information & Assistance - Older adults with needs or questions benefit from knowing about options they are able to access, i.e., assistance with applications (SNAP, HEAP, EPIC, MSP, Housing), referrals for health insurance counseling, handyman services, transportation, and more.
2. Home and Community-Based Services - At risk, frail, older adults that have extensive chronic conditions and functional impairments can, with a little support, avoid Medicaid spend-down and nursing home placement via a coordinated array of supports and case management, thereby maintaining their autonomy and reducing reliance on Medicaid funded care. Additional services are provided to caregivers including support, counseling and respite.
3. Wellness/Recreation - Older adults learn how to manage chronic conditions through evidence-based program offerings, assorted activities, congregate meal sites, nutrition education and other programming, through our senior center, which provides social activity and engagement.
4. Volunteer Coordination - Older adults provide a tremendous amount of service through volunteerism which keeps them healthy and active. In doing so, they provide for many community programs and agencies the human resources necessary to achieve their missions and goals.

OVERVIEW:

The older population is the basis for a strong economy in New York State, and in the country. Currently, the number of Genesee County residents 65-plus is about 19% of our population. Older residents have a tremendous amount of capital, and contribute significant income to the state. The percentage of this age group is expected to increase locally in the next 10-20 years. Our overall population is roughly what it was during the 1970's and 1980's. The median age of Genesee County is 43.3 and people in that age group often fall into the "caregiver" category, also known as the "Sandwich Generation," whereby they are caring for children and aging parents at the same time.

The majority of aging adults prefer to remain in their own homes and "age in place." In Genesee County 72.6% of housing is owner-occupied and this means continued property and school tax payments as well as patronizing local businesses. The 50-plus population, according to the AARP Longevity Economy, now represents four generations (from the GI generation to Generation X) and by 2031 will include millions of Millennials, followed by Generation Z in 2047. Further, the overall contribution of the 50 plus population economic and unpaid activities was worth more than \$9 trillion in 2018, and will triple to \$28.2 trillion by 2050. In New York, the over 60 population will rise from 3.6 million in 2015 to 5.6 million in 2040, and keeping these individuals in NYS, and in Genesee County will play a role towards our economic success. Individuals over the age of 45 currently generate \$379 billion per year, 63% of all income in the state.

While adults are working longer as they age, they are also a major source of volunteer work. The NYS value of the volunteer contribution is over \$13 billion, and the 4.1 million unpaid caregivers are worth \$32 billion dollars per year. This data makes it abundantly clear that we must make it a priority to make our community a place where individuals remain as they age. The return on investment, by ensuring we provide appropriate care and support, makes sense from an economic standpoint, and Genesee County Office for the Aging provides that assistance.

OVERALL FUNDING DISTRIBUTION FOR CORE SERVICES
State, Federal, and all other Revenue including estimated Federal carryovers:

A. NY Connects Genesee County-Information & Assistance (I&A)

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$842,503	\$785,861	-\$56,642

B. Home and Community-Based Services

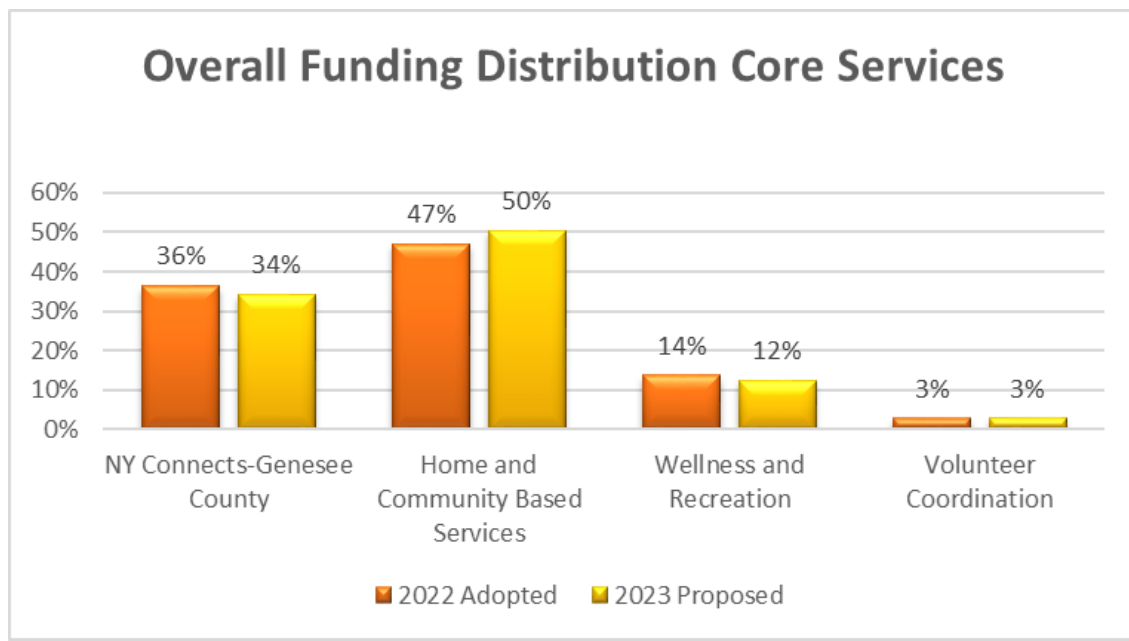
Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$1,089,439	\$1,161,317	+\$71,878

C. Wellness/Recreation

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$316,897	\$287,397	-\$29,500

D. Volunteer Coordination

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$64,917	\$65,886	+\$969



NY CONNECTS CHOICES FOR LONG TERM CARE



NY Connects
Your Link to Long Term
Services and Supports

of **GENESEE COUNTY**
(800) 342-9871 (585) 343-1611

<u>NY Connects Information, Assistance, Screening and Referral</u>	CURRENT YEAR HIGHLIGHTS	NEXT YEAR'S GOALS
<p>Clients who call GCOFA begin by speaking with a NY Connects intake worker to discuss their concerns.</p> <p>The worker provides screening to identify financial and long term care (LTC) needs, offers unbiased information, assistance, options counseling, access and referrals to LTC services for older adults and people with disabilities of all ages.</p> <p>When discussing service providers, the intake workers provide the names of at least 3 entities so the consumer can compare and make an informed choice. Based on services discussed, the intake worker will facilitate the connection by making referrals for the clients.</p> <p>We continue to be a “No Wrong Door Hub.”</p> <p>NY Connects leads the Genesee County Long Term Care Task Force in connecting consumers and service providers; offering cross agency training; and identifying/developing strategies to address long term care gaps.</p>	<p>The NY Connects/GCOFA staff continued to work through some very complicated situations with community members. Staff worked through an increase of calls from family members looking for services available to their loved ones so they can remain at home. Consents to make referrals are obtained by NY Connects staff making contact with potential clients. Older adults continue to call for Home Delivered Meals and aide service.</p> <p>NY Connects has seen an increase of people in need of general home maintenance at a reasonable rate. Referrals have increased to local pantries and assistance in completing SNAP applications due to rising costs including food.</p> <p>NY Connects staff provided Outreach to make the community aware of services. On two occasions this outreach was completed with NY Connects at Independent Living of the Genesee Region. One of these events included the Open House at the Genesee County OFA in which approximately 75 people attended.</p>	<ul style="list-style-type: none"> ● Assist clients as they meet the challenges of life by providing information, linkage to community resources, and follow-up assistance. ● Continue outreach efforts including outreach activities in collaboration with NY Connects at Independent Living of the Genesee Region. ● A NY Connects Program Coordinator started in August will be completing necessary training and will become fully functioning in their role. ● Coordinate and/or collaborate plan for a variety of Long Term Care Task Force cross agency training events.

<p><u>Muriel H. Marshall (MHM) Fund for the Aging Centralized Intake including Handyman Intake and Transportation Coordination</u></p> <p>Through grant funds from the MHM Fund*, Centralized Intake is a process available to new clients to the various MHM Fund Programs. Centralized Intake gives individuals the opportunity to be:</p> <ul style="list-style-type: none"> • Screened for multiple services and programs • Provided with information • Assisted in completing program applications • Referred to other services and agencies <p>Handyman Intake includes preliminary screening of a client’s minor home repair/safety concern needs and referrals to the MHM Fund Handyman Program.</p> <p>Transportation Coordination includes screening of individuals for level of transportation service needed and linkage to the appropriate provider/mode (i.e., bus equipped with lift).</p> <p>*An estate bequest from Roxanne Marshall in 1998. Roxanne was a school librarian and daughter of a Batavia businessman. She established this permanent fund at Rochester Area Community Foundation in honor of her mother, Muriel H. Marshall.</p>	<p>CURRENT YEAR HIGHLIGHTS</p> <p>Continued promotion of rebranded “<i>ask marshall</i>” programs, the MHM family of programs.</p> <p>The rebranding includes:</p> <ul style="list-style-type: none"> • A dedicated phone number (helpline): (585) 815-7979 • Unique email address: askmarshall@co.genesee.ny.us • Website established: askmarshall.net <p>All designed to increase access for older adults, their caregivers and the volunteers who drive these programs. Significant outreach efforts are made in conjunction with OFA programs to ensure all areas of the County have access to this information in numerous formats.</p> <p>Got Groceries? is a new OFA program made possible through the MHM Fund. This volunteer based grocery shopping and delivery service is being promoted through the MHM Marketing Coordination grant.</p>	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • GCOFA will continue to work with the MHM Planning Team to fine tune tracking elements and measurable outcomes for future reporting to more effectively determine the impact of the services provided under the umbrella of MHM and the rebranding. • Grow the community’s awareness of MHM funded <i>ask marshall</i> programs through continued outreach by way of radio, brochure distribution, electronic communication through partnering municipalities, social media through OFA and the County, outreach events and presentations in-person and virtually. • Transportation will always be a need for older adults. GCOFA will continue to advocate for this need and assist with securing safe & reliable rides. • GCOFA will continue to promote and make referrals to and about Pathstone’s Handyman Program.
--	---	---

<p><u>Advance Care Planning</u> Advance Care Planning <u>before</u> a time of crisis is crucial to ensuring that one’s wishes are carried out. To this end, GCOFA has:</p> <ul style="list-style-type: none"> • Skilled staff • Contracted legal services <p>These resources can facilitate conversations and help with important documents to make it possible for a trusted, authorized person to:</p> <ul style="list-style-type: none"> • Attend to one’s needs • Carry out one’s wishes on one’s behalf or until one is able to do those things for oneself 	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Continued positive working relationship with the paralegal assigned to our agency. • Provided one Aging Mastery Program (AMP) via ZOOM. Advance care planning continues to be part of the AMP curriculum. • Collaborated with legal services to provide an Advance Care Planning in person program at a local subsidized housing complex in September 2021. • Advance care planning incorporated into GCOFA service assessments and caregiver consults. • Legal services has resumed in person visits at Office for the Aging. They will also provide home visits as appropriate. 	<p>NEXT YEAR'S GOALS Advance Care Planning education and facilitation will continue as a high priority for GCOFA staff. Staff will speak with clients and their caregivers regarding:</p> <ul style="list-style-type: none"> • The importance of planning ahead • Having important conversations on an ongoing basis • Making sure they and their loved ones have their necessary documents in order • Plan and schedule an in person legal services program about the importance of advance care planning • Continue provide Health Files to community members which includes information about Advance Care Planning
<p><u>ADVANCE CARE PLANNING IMPACT:</u> GCOFA has made Advance Care Planning an integral part of our services. OFA staff will continue to discuss with clients and caregivers about the importance of having the conversation of planning ahead. We feel that by having these conversations with community members, they in turn are more comfortable having the conversations with their loved ones.</p>		

<p><u>Advocacy</u> GCOFA provides Advocacy by identifying needs, empowering and assisting clients with individual needs, and educating stakeholders to advocate for additional funding and resources.</p>	<p>CURRENT YEAR HIGHLIGHTS GCOFA advocates through active membership in:</p> <ul style="list-style-type: none"> • Enhanced Multi-disciplinary Team (E-MDT) that addresses elder abuse and financial exploitation • Suicide Prevention Coalition of Genesee County (SPCGC) • Opioid Task Force • Genesee County Housing Initiatives Committee • Genesee County Transportation Coordinating Committee • Continuum of Care—HAWNY—Homeless Alliance of Western New York <p>SPCGC is engaged in completing year 3 of a 4-year plan that includes older adults and addressing isolation and depression. GCOFA partnered with the Opioid Task Force to offer staff, volunteers and older adults, education, Narcan trainings, and safe medication disposal kits.</p>	<p>NEXT YEAR'S GOALS</p> <ul style="list-style-type: none"> • Advocate for adequate middle-income housing designed for aging in place. • Continue to explore long term care system reform, with strong focus on collaborative opportunities.
<p>ADVOCACY IMPACT: Membership to the Genesee County Housing Initiatives Committee allows GCOFA to obtain valuable information for our clientele on topics such as larger home repairs, rental assistance, utility/eviction assistance, and homelessness.</p>		

<p><u>Health Insurance Counseling, Information and Assistance (HIICAP)</u></p> <p>Provides free, accurate, and unbiased information, counseling, assistance, and advocacy on Medicare, additional health insurance, and related health coverage plans.</p> <p>HIICAP assists individuals, their representatives, or persons soon to be eligible for Medicare. Topics covered can include:</p> <ul style="list-style-type: none"> • Medicare • Medicaid (Long Term Nursing Home or Community) • Employee coverage • Medicare Savings Program and Extra Help • Medicare Advantage Plans • Medigap/Supplemental policies • Medicare Part D and EPIC • Long Term Care Insurance • Insurance appeals • Medicare Fraud & Abuse <p>Medicare 101 classes are offered free of charge on a regular basis to the public.</p>	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Medicare Open Enrollment Fairs returned, to assist a number of rural individuals, more efficiently, with their choices. Included representation of local Medicare Advantage companies and EPIC. • Medicare 101 classes resumed. • Promoted our Medicare assistance services to large companies, the Chamber and financial planners. • First Retirement Planning Seminar with speakers on: Social Security, Medicare, RSVP, Financial Management, Center for Elder Law and Justice, Aging Mastery Program and the Funeral Consumers Alliance for Greater Rochester. • Lunch and Learn sessions with lunches sponsored by local Medicare Advantage companies and speakers on: nutrition, mental health, pain management, and preventive immunization. 	<p>NEXT YEAR'S GOALS</p> <ul style="list-style-type: none"> • Refine the Retirement Seminars to offer desired information for clients. • Continue the Lunch and Learn series, with the hopes in adding more companies on as sponsors, and keeping information honed in on the times/needs of the clients. • Presentations to companies on site/inform groups of options for possible cheaper coverage (ex. BOCES/School systems). • Outreach on the Reservation/set up a presentation, or day to go and assist with benefit eligibility.
<p><u>HIICAP IMPACT:</u> We provide unbiased information and work for the good of the client – to ensure all their medications are covered and that their physicians and facilities are also in network. We also check to see if they are eligible for any other programs that may assist them such as HEAP, EPIC, SNAP, etc. This not only places more money back in their pocket, but back into the local economy when they spend it.</p>		

<p><u>Home Energy Assistance Program</u> Through a contract with Department of Social Services we provide application assistance for income-eligible individuals age 60 and over and others who receive Supplemental Security Income benefits. HEAP helps eligible households with the cost of heating their homes.</p>	<p>CURRENT YEAR HIGHLIGHT 422 applications were processed by GCOFA for the 2021-2022 HEAP program season, providing eligible households with energy assistance benefits totaling \$178,153.00.</p>	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • Continue this valuable service to Genesee County residents.
<p>ENERGY ASSISTANCE IMPACT: HEAP is especially important for older adults who, are in most cases, on a fixed income. The dollar amount that is credited to the person's heating bill frees up monies for other important expenses like food and medications.</p>		

<p><u>Housing Assistance</u> Provides assistance to older adults who are trying to find alternatives to their existing housing situation or home rehabilitation programs to meet their needs. There are several housing programs that can assist eligible individuals with their housing needs, depending on program availability.</p>	<p>CURRENT YEAR HIGHLIGHT</p> <ul style="list-style-type: none"> • GCOFA continues to advocate for middle income housing. • Liberty Square Apartments officially opened in December 2021. This specialized housing serves US Military Veterans, many are over age 60. 	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • GCOFA will continue to promote the need for middle income housing for Genesee County residents age 60 and older. • Establish and maintain a rapport with the site manager at Liberty Square Apartments/ Eagle Star.
--	--	---

Livable, Age Friendly Communities, Community Planning, and Social Determinants of Health

Livable Communities-Livable New York is intended to help local leaders, residents, officials, and organizations come together to create neighborhoods that reflect the evolving needs and preferences of all their residents. GCOFA has been engaged in the County's Comprehensive Plan process and participates resource sharing opportunities. All of these efforts are leading us toward the Governor's goal of being an Age Friendly Community and Healthcare System. This helps address Social Determinants of Health priorities.

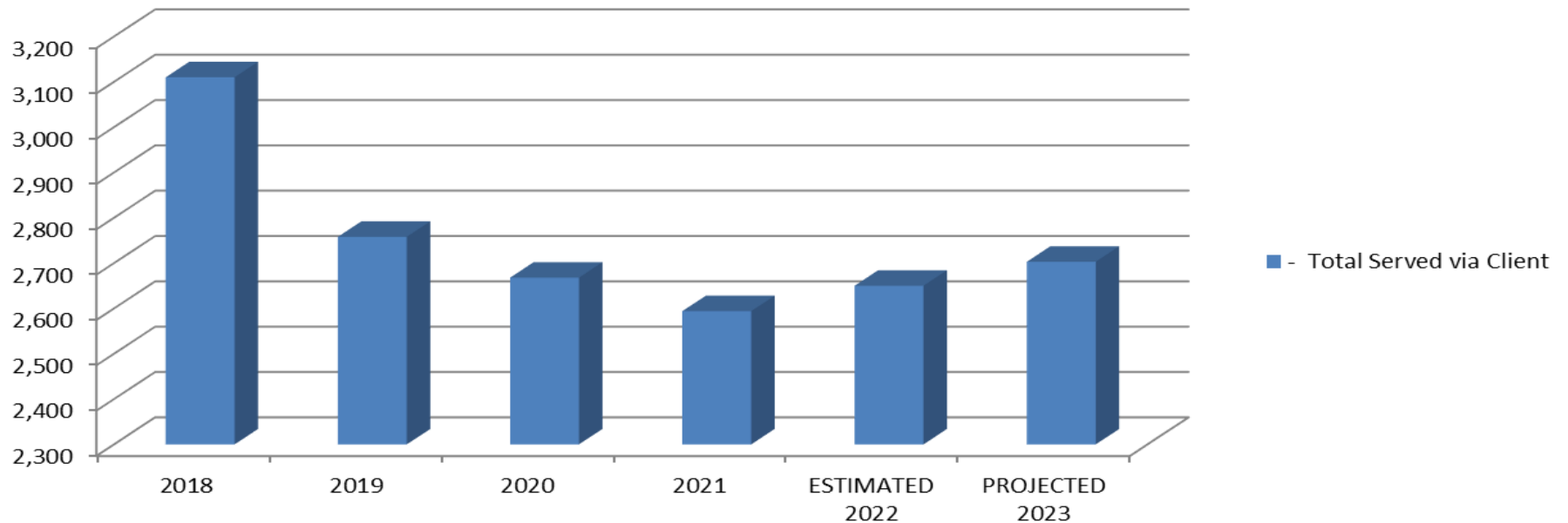
CURRENT YEAR HIGHLIGHTS

- Our contract with the Western New York Integrated Collaborative Care (WNYICC); designed to generate value-based healthcare revenue began producing revenue.
- GCOFA staff continued to receive cultural competency and health literacy trainings.
- GCOFA continued to bring the perspective of older adults to the fore, as a key element in developing an Age Friendly Community, with all partnerships.

NEXT YEAR'S GOALS

- Continue with focus on statewide collaborative efforts to promote an "Age Friendly" community and healthcare system.
- We will continue to stay connected to local health and wellness providers and potential new funding opportunities to best plan to meet need in accordance with state and local goals.
- Continue to work with County Planning Department on County Comprehensive Planning.

Total Registered Clients Served



HOME AND COMMUNITY-BASED SERVICES

<p><u>Caregiver Counseling, Respite & Support Services</u></p> <p>Support families caring for older and other eligible loved ones by providing:</p> <ul style="list-style-type: none"> • Information • Assistance • Training • Education • Long term care options • Advance directives counseling • Referrals to community-based long term care services <p>Caregiver Counseling assists older adults and their families/other caregivers as they strive to find ways to continue providing care needed by frail/chronically ill/disabled older adults, and explores feasibility of assisting frail elderly to remain in their homes or setting of their choice.</p>	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Caregiver counselors assisted over 160 unduplicated caregivers (an increase.) • Staff spoke with caregivers about the stress of caregiving and ways of coping to stay healthy themselves. • Our office provided 49 robotic pets to individuals who felt alone or isolated. These pets reduce the effects of dementia: anxiety, agitation, irritability, depression, and loneliness. • Of the pets provided, 12 of them were provided to caregivers for their loved one feeling alone or isolated. • Due to the pandemic, the support group was held via phone. In April, we were able to start back in person to provide support to caregivers. • GCOFA hosted several Alzheimer’s Association Education presentations as well as Caregiver Resource Fair. • We hosted a Powerful Tools for Caregivers Program. • We coordinated and provided the opportunity for Caregivers to have their loved one attend the Social Adult Day Program. This experience provided a needed break for the caregiver as well as an introduction to what Social Adult Day Program would be for the care receiver. 	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • Identify and provide support to 170 unduplicated caregivers in the next year that are caring for loved ones age 60+ or individuals with memory impairment of any age. • Provide one Powerful Tools for Caregiver program. • Collaborate with the Alzheimer’s Association – WNY Chapter to provide at least two educational classes at our office regarding memory impairment. • Provide a Caregiver Training/Education Program that will offer a respite component.
--	--	---

CAREGIVER SERVICES IMPACT: Becoming a caregiver impacts your life tremendously. Our office provides a place for them to turn to. We provide resources and much needed support. Our trained staff support caregivers by providing information, referrals, support group opportunities, education and caregiver counseling. One caregiver indicated on a recent survey: “ The person I spoke with was super patient, empathetic and allowed me to get a lot of things off my mind. She also validated a lot of my feelings. It was so helpful!”

Case Management

A comprehensive process that helps older persons with diminished functioning capacity, and/or their caregivers, gain access to and coordinate appropriate services, benefits and entitlements.

Case Management consists of:

- assessment and reassessment
- care planning
- arranging for services
- follow-up and regular monitoring

This service is provided to:

- Home-delivered meals (HDM) clients
- Expanded In-Home Services for the Elderly Program (EISEP) clients
- EISEP Waitlist/Unmet Needs clients
- Others in need of this special assistance

CURRENT YEAR HIGHLIGHTS

“Unmet Needs” funding continues to provide an opportunity for GCOFA staff to be creative in serving those individuals on the EISEP waiting list who are unable to receive aide service due to aide shortages or other circumstances with aide agency staff and the wait listed clients.

Some of the services these funds allow are:

- Pick-up/delivery laundry service
- House cleaning
- Stair lift installation
- Exterior ramps
- Raised toilets
- Tub to shower conversions/grab bars
- Personal hygiene products/Personal household items

NEXT YEAR'S GOALS

GCOFA will assess individuals through a screening process for appropriate services. For those qualifying for an aide and where an aide is not available, they will be placed on the EISEP waitlist. Priority based on individual’s need.

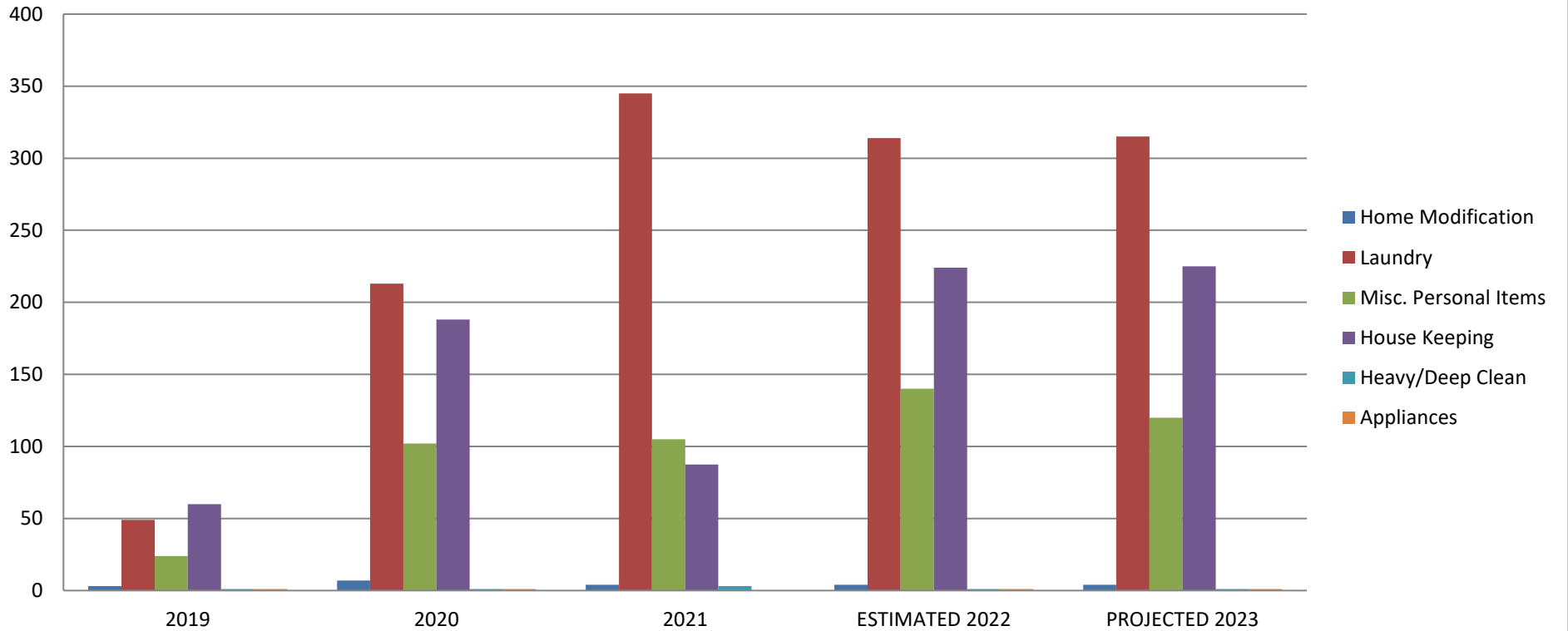
Clients on the waitlist will be contacted every 2 months to update screen.

Creative solutions will continue to be explored to meet the needs of those individuals who do not yet receive aide service due to the lack of aide availability.

CASE MANAGEMENT IMPACT: We’ve received some very positive feedback from a client who resides at an nearby apartment. She participates in the EISEP and Got Groceries? programs and shared how happy she is with both. She said they have helped her to remain at home and to live independently.

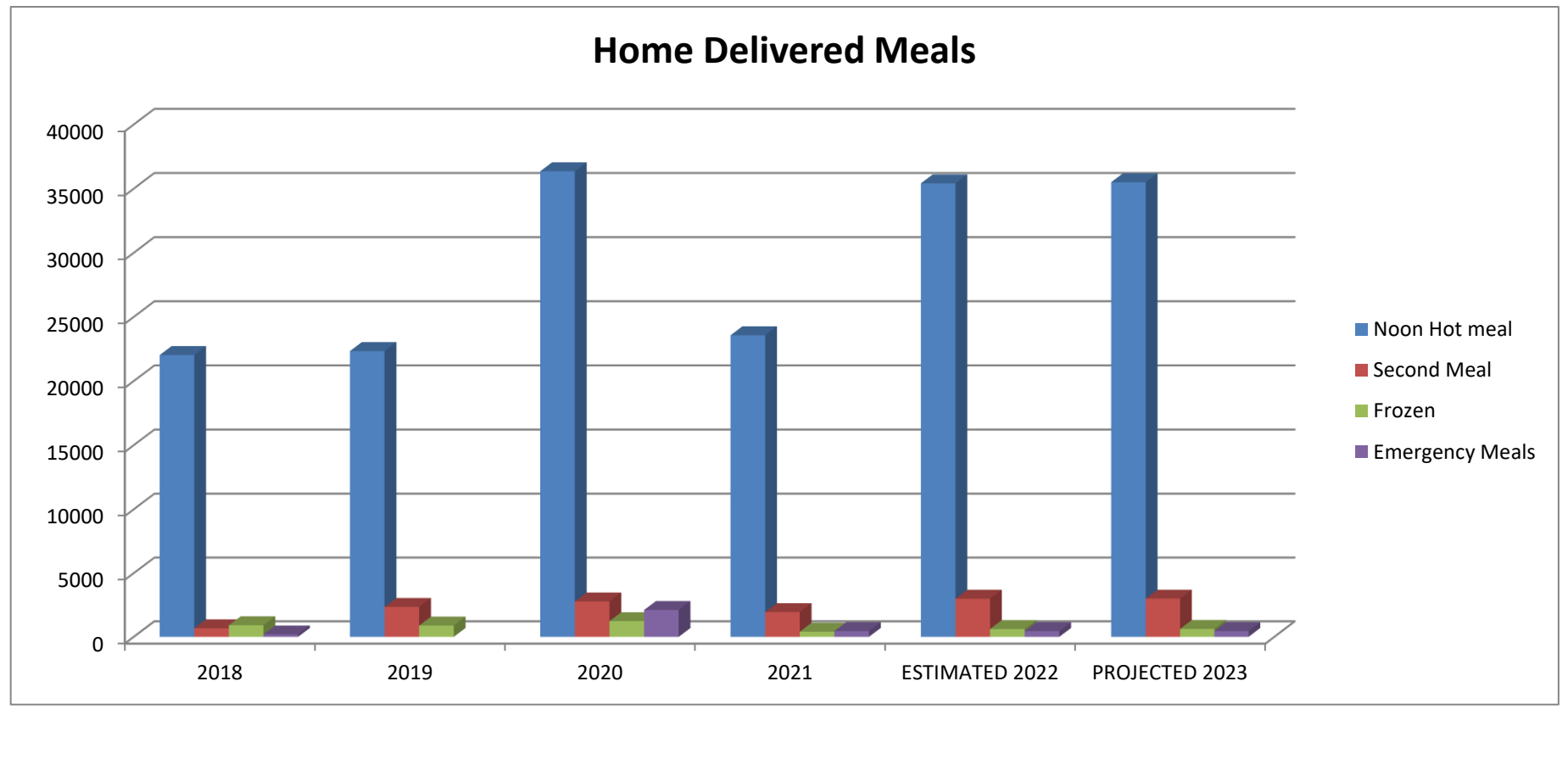
Our office is able to assist individuals with meeting their needs to promote independence. Through the use of Unmet Needs Funding, we were able to provide a walk in shower for an individual who lives alone and was only able to sponge bathe. She now showers every night. In addition, this has improved her emotional well-being. She said that she “feels like a person” and feels “lady-like.”

Unmet Needs Services



<p><u>Home Delivered Meals (HDM)</u></p> <p>Nutritious noontime meals</p> <ul style="list-style-type: none"> • Approximately 150 homebound elders • 5 days/week • Second sandwich and/or frozen meal for those at greatest nutritional risk • Varied menu; addition of soup in winter, cold salads in summer • Daily in-person social connection • Life-saving intervention; dedicated paid and volunteer drivers trained to contact GCOFA or emergency personnel (911) as appropriate • Monthly delivery of pet food to HDM clients • Shelf stable meals for weather emergencies 	<p>CURRENT YEAR HIGHLIGHTS</p> <p>Requests for Home Delivered Meal (HDM) increased during the pandemic and are likely to remain at these levels. These included requests from:</p> <ul style="list-style-type: none"> • Older adults and Caregivers • Short-term hospital/rehab discharges • Baby Boomers as they age into our population <p>During the height of the pandemic, approximately half of the individuals who attended our Congregate Meal Site received HDM Services. During this time two new routes were implemented. The added routes has helped to reduce the length of routes and to maintain required temperature and food quality control standards.</p> <p>Additional funding from both state and federal levels as well as community support, allowed for additional nutritional support for older adults (both HDM and others) at risk for nutritional insecurity.</p> <p>Three of the previous five Congregate Meal sites reopened.</p>	<p>NEXT YEAR'S GOAL</p> <p>The potential need to implement a wait list continues to exist due to:</p> <ul style="list-style-type: none"> • Increased demand • Rising food supply costs • Increased personnel costs • NYSOFA requirements for RD hours increase • Driver recruitment challenges <p>All of these increases will consume additional state and federal funds, potentially limiting the number of meals we can serve, once the pandemic funding ceases. We will continue to provide nutritious meals daily, daily contact, and safety/well-being checks for as many qualifying individuals as possible.</p> <p>The AmeriCorps Seniors Volunteer Placement Program will be our partner in recruiting volunteers for City routes. Recruit/retain rural route drivers willing to work for less than minimum wage. GCOFA will continue to provide shelf stable emergency meals.</p>
--	---	--

Home Delivered Meals IMPACT: Delivery to a home where the 90 year old parents were caring for daughter, in her 60's, with illness. The daughter has since passed, however the father said, "the meals were a life changer for them." He shared that getting the meals took some of the burden off of him and he could focus his energies toward caring for his sick daughter. He was very appreciative and grateful. Other people, in general, just love to visit and interact with the deliverers. Volunteer drivers enjoy the contact with people on their routes. Social connections and safety checks are made that help both the meal recipients as well as add to the quality of life for the volunteers whom engage with the recipients. One thing we have learned from the pandemic is how important social interaction is for mental health. Many of the paid rural drivers have made close relationships with their clients because they see them nearly everyday.



<p><u>In-home Aide & Social Adult Day Services</u> For eligible clients, GCOFA arranges for housekeeping and personal care (bathing, dressing, etc.) and social adult day services.</p>	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Served those on waitlist with Unmet Needs services. • Cleaning Services have been highly rated from our clients who receive the service. • Continued to offer and encouraged Consumer Directed Program as an alternative to aides from an aide agency. • With the pandemic limitations subsiding, Social Adult Day Services were utilized. 	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • Continue to serve as many older adults as funding and aide availability allows. • Continue to encourage Consumer Directed Services as funding allows.
<p><u>IN-HOME AIDE SERVICE IMPACT</u> From having additional aide shortages as a result of the pandemic, we worked diligently with the aide agencies we contract with, on aide availability to get our clients served that had gone months without. An individual in her 90's who resides alone with limited support was able to get her aide service back at 3 days a week to help her bathe. She was extremely grateful and thriving.</p>		
<p><u>Western New York Alzheimer's Disease Caregiver Support Initiative (ADCSI)</u> GCOFA is a partner in this multi-year regional grant with the Alzheimer's Association of WNY and six other Offices for the Aging using grant funds from New York State Department of Health. The Alzheimer's Association of WNY Chapter is lead agency. The overall initiative in WNY provides:</p> <ul style="list-style-type: none"> • in-home, overnight, and social/medical adult care respite • education programs for caregivers and professionals • support groups • family and individual dementia consultation services • supportive technology 	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Consults with caregivers caring for those with memory impairment. • Provided respite to those caring for individuals with memory impairment. Respite included overnight stays, Social Adult Day Program and in home care. • Collaborated with local Social Adult Day Program to provided caregivers with "A Day Away From the Day To Day". This included a visit to the Social Adult Day Program. • Supportive technology/safety devices These devices include, but are not limited to: Project Lifesaver Units, Door alarms, Locked medication boxes, Digital Audio Monitors, Door Guardians. • Participated in the OFA Open House which gave the community the opportunity to learn more about services including ADCSI. • Caregiver Resource Fair for the public. • New five year grant starting July 1, 2022. 	<p>NEXT YEAR'S GOALS Continue to identify and support new and returning caregivers in the following ways:</p> <ul style="list-style-type: none"> • Care consultations • Respite • Supportive technology <p>Collaborate with the Alzheimer's Association of WNY to provide:</p> <ul style="list-style-type: none"> • Education programs • Support groups <p>Collaborate with the Center for ElderLaw and Justice to assist individuals with memory impairment and their caregivers with legal questions/guidance.</p>

ADCSI IMPACT: ADCSI has provided many additional opportunities to caregivers caring for a loved one with memory impairment. One of those opportunities includes ongoing discussions regarding safety with caregivers and appropriate individuals living with dementia. Safety devices are provided as appropriate. In one situation, a person with dementia left their home and walked into a nearby wooded area (there was a pond on the property). The caregiver and another family member arrived at the home and discovered the person with dementia was missing. As the family was looking for them, a family member noticed one of the dogs coming from the woods. Soon after the other dog came out of the wooded area with the missing individual. At that point, the primary caregiver determined that it was time to call Office for the Aging for assistance. OFA staff provided a Project Lifesaver Unit (a radio frequency band used to help locate individuals who have wandered off). OFA staff also provided a consultation to the caregiver and has ongoing contact with the family.

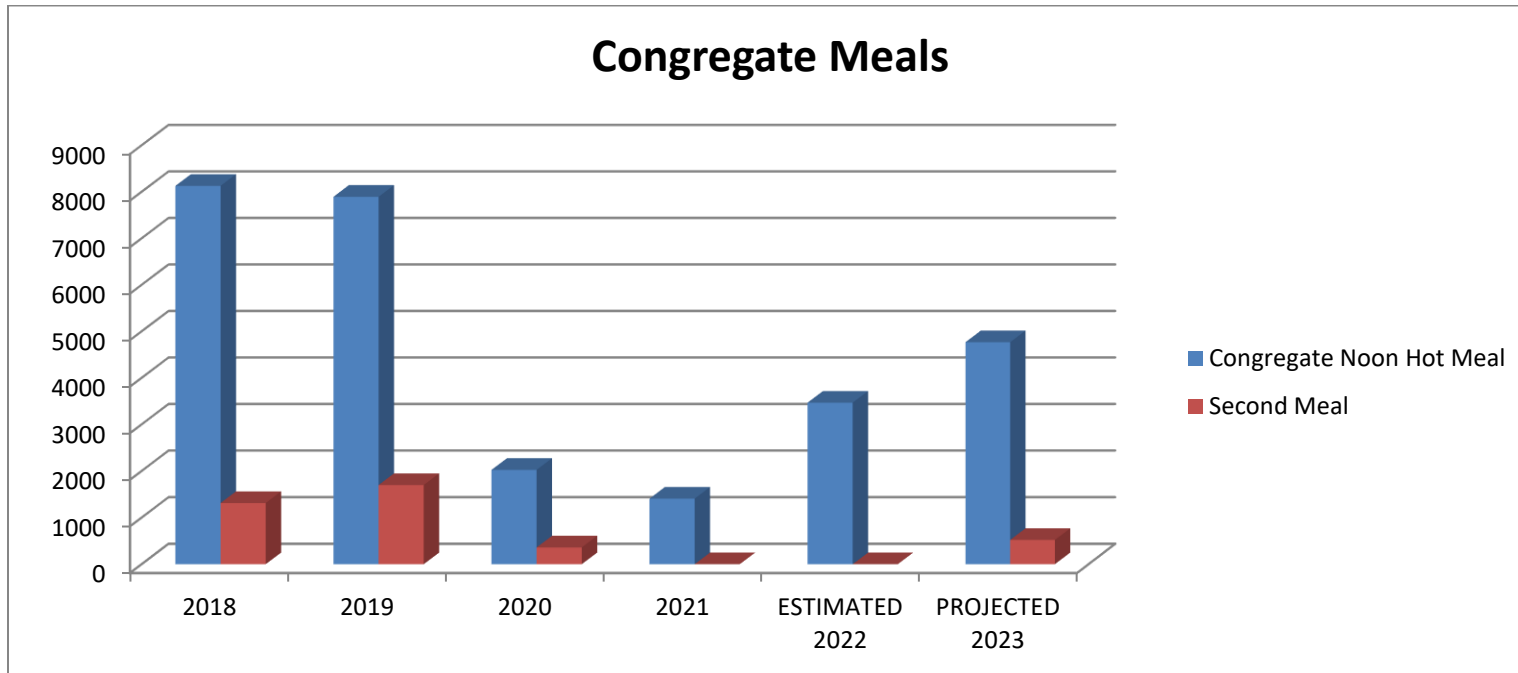
WELLNESS AND RECREATION

<u>Evidence-Based/Informed Programming</u>	CURRENT YEAR HIGHLIGHTS	NEXT YEAR'S GOALS
<p>GCOFA has/does offer a variety of programming to improve the health and well-being of older adults. This programming has included:</p> <ul style="list-style-type: none"> • Aging Mastery Program (AMP) • Chronic Disease Self-Management Program (CDSMP) • Diabetes Self-Management Program (DSMP) • Powerful Tools for Caregivers (PTC) 	<ul style="list-style-type: none"> • One Chronic Disease Self-Management Program was provided in person. • Provided one virtual Aging Mastery Program (AMP). • Presented at the statewide conference, “Aging Concerns Unit Us” to discuss the outcomes of the pilot Aging Mastery Program completed virtually. • Scheduled an in person AMP session to start in the fall of 2022. • Provided one in person Powerful Tools for Caregivers program. 	<ul style="list-style-type: none"> • Powerful Tools for Caregivers – 1 session • AMP – 1 in person session and 1 virtual session. • Continue to explore additional evidence based options that are a hybrid of virtual and in-person. • Chronic Disease Self-Management in person- 2 sessions.

EVIDENCE-BASED PROGRAMMING IMPACT: Our staff facilitated AMP through a virtual format this year. We found that providing a virtual program was very beneficial to those who are not able to leave their home due to: physical limitations, lack of transportation or for caregivers who cannot leave their loved one home alone. Each of the participants indicated that they have made at least one positive change in their life as a result of AMP. Our staff was invited to present on providing virtual AMP at the ACUU (state wide Aging Concerns Unite Us) conference last fall.

WELLNESS AND RECREATION	CURRENT YEAR HIGHLIGHTS	NEXT YEAR'S GOALS
<p>With the Senior Center being closed for in-house recreation since March 2020, GCOFA was very happy to reopen recreation programming in March 2022, with the risk of COVID-19 reduced and group programming deemed appropriate at this stage in the pandemic. These programs provide crucial social connection for older adults, which is essential for positive mental and physical health.</p> <p>Recreation programming either reinstated, new or planned this year includes:</p> <ul style="list-style-type: none"> • Exercise classes <ul style="list-style-type: none"> ○ Chair-based arthritis exercise ○ Line Dancing ○ Chair Yoga (new) ○ Tai Chi (new- planning for the fall) • Quilting group • Card/Games: Bridge, Cribbage, Euchre, Majong • Art class • Day trips – 1 completed, 2 planned • Guest speakers – i.e. nutrition, reflexology, scam prevention <p>GCOFA provides the space and promotes these open groups who meet at the Senior Center, but generally the older adults coordinate the groups themselves.</p>	<ul style="list-style-type: none"> • Reopening of the Senior Center. • Completed a Countywide needs assessment survey on recreation. • “Do You Remember These” weekly radio show has continued with great success (Watson Bequest funds). It is geared specifically to homebound older adults, with themed songs and weekly guests from GCOFA and Muriel H. Marshall Fund community partners. Two RSVP volunteers are our dedicated hosts. • With funds from the Genesee Senior Foundation, a 12 week trial of Chair-based Yoga was offered for the first time. • In-house recreation provided twice weekly at our Batavia congregate meal program promoting group connection, learning new skills through fun activities (gardening on the patio, games like: table top curling, bean bag toss, bingo); recreation provided once monthly at Corfu mealsite. • Monthly recreation mailings are distributed to approximately 275 older adults which includes our monthly nutrition program calendar, health tips, mind puzzles, jokes and themed tid-bits. • GCOFA now a group library loan site through Richmond Memorial’s Library Visits Program, made possible through Muriel H. Marshall Fund (MHM). 	<p>Program assistants will:</p> <ul style="list-style-type: none"> • Continue to manage and coordinate the weekly Sunday “Do You Remember These” radio shows on WBTA. • Explore partnerships with recreation providers and evidenced-based programs to offer new social and recreational opportunities based on input gathered from needs assessment survey. • Serve as liaison to NYSOFA Virtual Senior Center platform and Library Visits Group Loan program. • Encourage group recreational activities including: <ul style="list-style-type: none"> ○ Plan four fun day trip(s.) ○ Engage new older adult participation in Senior Center activities through an OFA mini-grant from MHM fund. ○ Organize intergenerational luncheon with community partner(s.) ○ Offer Chair Yoga and Tai Chi. ○ Engage a growing group of congregate mealsite participants in social connection, fun learning opportunities and musical enjoyment. ○ Incorporate smart screen technology into recreational programming. ○ Grow a speaker or special guest series.

<p>GCOFA staff provides support for wellness programs and administrative/fiscal duties associated with GCOFA Day Trips, and ensures room set-ups/availability and beverage service for groups.</p>	<ul style="list-style-type: none"> • Strawberry Social with musical entertainment, made possible through a MHM mini-grant- resulted in significant growth in on-going mealsite participation • Ice cream bus trip to County Park for “lunch bunch” group – very meaningful for folks who lack transportation and the access to get out • Special gift bag distributions for our most homebound including activity books • Promotion of NYSOFA’s “Get Set-Up” virtual senior center 	
<p>WELLNESS PROGRAMMING IMPACT: The impact of social isolation and loneliness is a significant health issue and identified in the social determinants of health. GCOFA’s recreation and wellness programming offers opportunities for people to choose engagement and recreation opportunities based on their interests and hobbies. Friendships are formed and maintained in our center. We are so pleased to offer in-person recreation and so are the older adults we serve. We look forward to offering more opportunities to connect, which is essential for older adults’ positive mental health and well-being. One of our program assistants shared that she talked with a participant who enjoyed books, but who could not hold onto a book anymore, and suggested trying a “play away.” “The participant is on Chapter 4 of her book- and will be wanting another! For someone who is home a lot of the time... how wonderful to be able to escape into an audio book!”</p>		
<p><u>Nutrition Programs and Services</u> GCOFA provides the following:</p> <ul style="list-style-type: none"> • Lunchtime Meal Sites • Farmers’ Market Coupons (FMC) • Home Delivered Meals (see in Home and Community-Based Services section) • Nutrition Education and Nutrition Counseling through contract with Registered Dietitian • Got Groceries? 	<p>CURRENT YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> • Continued the volunteer-based new no-fee grocery shopping program for those 60 years and older, able to pay for own groceries, but need support to obtain them to their home. • Three Congregate Meal Sites reopened and attendance is growing. • Farmer’s Market coupon booklet distribution: over 898 in 2021 and 924 in 2022, providing older adults the opportunity to obtain fruits and vegetables from local Farmers’ Market. 	<p>NEXT YEAR'S GOAL</p> <ul style="list-style-type: none"> • Expand the users of the Got Groceries? with the goal of sustainability. • Continue to reopen and add days to our Lunchtime Meal Sites. • Explore the feasibility of “Dining out program” with area restaurants.



VOLUNTEER COORDINATION

AmeriCorps Seniors RSVP Placement Program

The Genesee County RSVP Volunteer Program supports and facilitates:

- 250 volunteers, age 55 and older
- 50,000+ hours of service during COVID
- Builds capacity for and contributes nearly \$450,000 in value to 25 non-profit and governmental agencies in Genesee County

CURRENT YEAR HIGHLIGHTS

- Number of active volunteers is at 85% of pre-pandemic levels.
- New enrollment of volunteers continues.
- Partner stations have reengaged with some reducing their need for as many volunteers as before, while others have an increased demand; many stations continue working through changes like decreased client or volunteer participation due to COVID concerns.

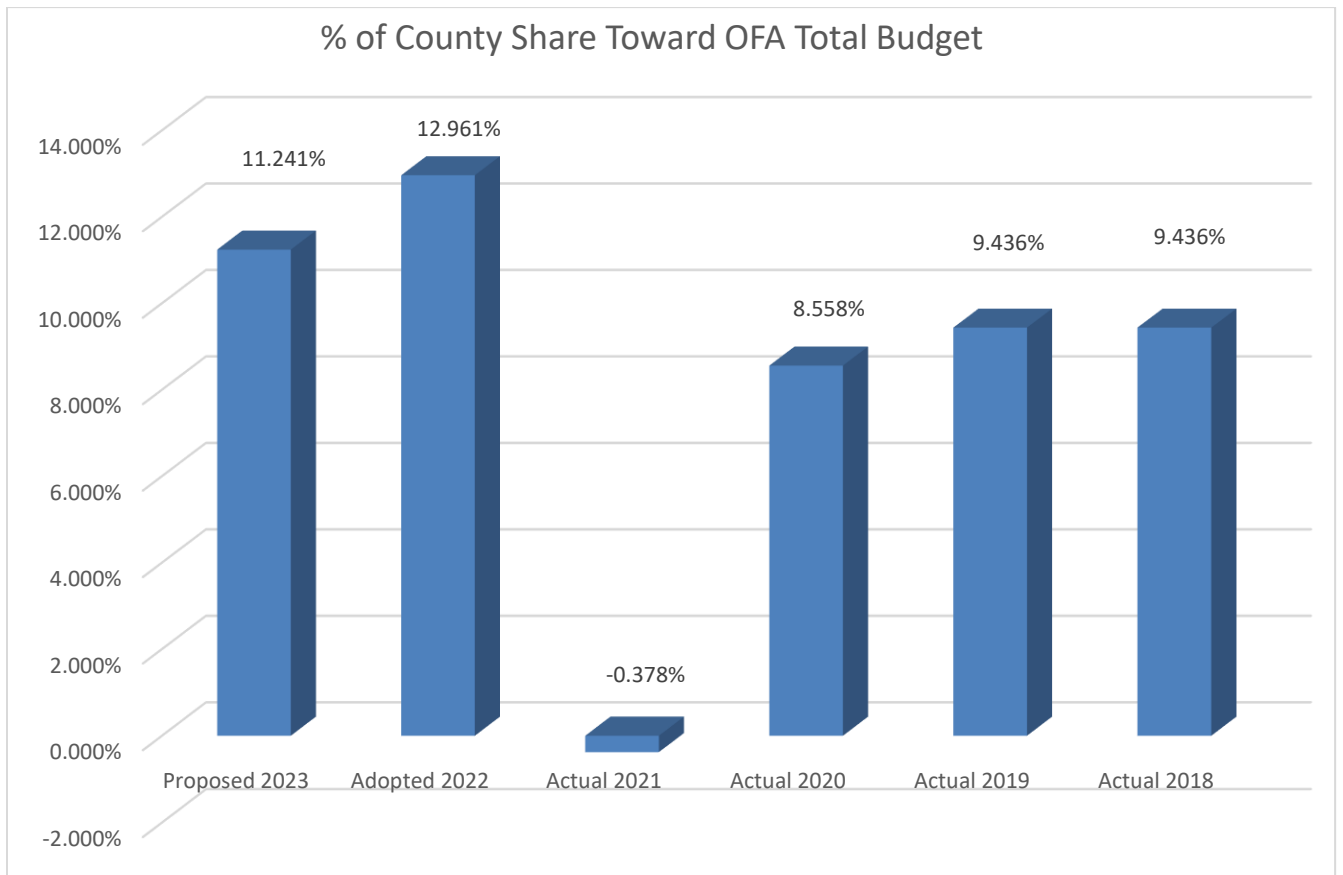
NEXT YEAR'S GOALS

- Celebrate 38 years of RSVP impact in Genesee County, since 1985:
 - Over 1,900 older adult volunteers
 - 122 community partners
 - 1.37 million hours of service to Genesee County
 - Financial impact estimated at \$25 million dollars
- Continue to provide safe volunteering during and beyond COVID-19.

<p>Emphasis is on:</p> <ul style="list-style-type: none"> • Healthy Futures • Aging in Place initiatives • Reducing Food Insecurity • Environmental Stewardship • Access to Care <p>A core focus of the AmeriCorps Seniors RSVP Program is to support older adults remaining in their homes through volunteer supported community-based programs, such as Home Delivered Meals, all while promoting increased well-being, healthier lives and social connection for the volunteers and those they serve.</p>	<ul style="list-style-type: none"> • April 2022 – began a newly awarded three year federal grant, which set-out a solid plan to address community needs through volunteer efforts. • Continued implementation of Muriel H. Marshall Fund Aging in Place programs rebranding to ask marshall with a dedicated help line (815-7979), email: askmarshall@co.genesee.ny.us and website: askmarshall.net, all which increase our online presence, making it easier for individuals and caregivers to get connected to resources. • In partnership with GCOFA, working to promote client and volunteer participation in Got Groceries? to ensure older residents have access to food. • Established a formal partnership with the Genesee County Animal Shelter; renewed the MOU with Genesee County Health Department. • AARP Foundation Tax-Aide program made significant changes to meet safety protocols required and operated a smaller, but very successful program. 8 volunteers provided 900 hours of service, returning \$371,054 in tax dollars back to residents. 	<ul style="list-style-type: none"> • Combat social isolation among volunteers and those they serve. • Support options for socially distanced ways to connect older adults. • Grow the Got Groceries? program. • Pursue volunteer engagement in meeting the needs of Batavia City School District students and families. • Create intergenerational programs with teens helping older adults with technology. • Increase volunteer engagement for all Marshall Fund programs.
<p>RSVP IMPACT: RSVP volunteers are a resilient and compassionate group of people, dedicated to serving this community. The program has experienced some lingering changes as a result of COVID-19, but overall with patience and perseverance, RSVP volunteers continue to answer the needs of this community. Their service in providing core programs like Home Delivered Meals, Financial Management, Library Services and Friendly Home Visitation (Phone calls) and Food Pantry assistance has served as a lifeline for hundreds of older adults who rely on these services to safely remain at home, during the best of times.</p>		

2023 TOTAL BUDGET SUMMARY AND BUDGET HIGHLIGHTS

<u>Appropriation by Object</u>	<u>Adopted 2023</u>	<u>Adopted 2022</u>	<u>Actual 2021</u>	<u>Actual 2020</u>	<u>Actual 2019</u>	<u>Actual 2018</u>
Salary/Fringe	1,421,578	1,385,641	1,257,119	1,192,418	1,194,002	1,121,398
Equipment	20,280	24,660	22,414	11,112	16,057	-
Contractual	858,604	903,455	635,662	647,344	545,573	503,343
Total Appropriation	2,300,462	2,313,756	1,915,195	1,850,874	1,755,632	1,624,741
Revenue	2,041,864	2,013,863	1,922,427	1,684,759	1,605,392	1,471,424
Net County Support	258,598	299,893	(-7,232)	166,115	150,240	153,317
FTE's	22.67	22.08	21.08	21.9	21.37	20.07
% of County Share	11%	13%	0%	9%	9%	9%



1. **Salary/Fringe Major Changes: \$1,421,578, an increase of (+\$35,937) resulting from:**
 - A. **Personnel Cost: \$1,003,581 an Increase of (+\$32,929)** from the 2022 adopted budget. The need for stable staffing level is critical to fulfill the requirements of our numerous revenue streams. Additionally and equally, if not more importantly, is the need for staff resources to address the actual needs of our growing population of older adults. The pandemic made is crystal clear how important our services are and the need to be proactive in addressing community concerns including social isolation.
 - B. **Fringe Costs: \$417,997 an Increase of (+\$3,008)** from the 2022 adopted budget, resulting from payouts related to two retirees. In 2023, thirteen (13) employees will be covered under the county's medical plan; Two (2) retirees participating in retirement 100% benefit, Two (2) potential retiree will participate in 100% premium benefit and four (4) in medical buy back; fourteen (14) employees to be covered under the county's dental plan; three (3) employees participating in dental buy back; seventeen (17) employees to be covered under the county's vision plan.

2. **Revenue Major Changes: \$2,041,864 an increase of (+\$28,001) from 2022 Adopted Budget:**
 - A. **Federal funds projected for 2023 total \$514,096 (including projected Federal Carryovers from 2022)-a net increase (+\$18,975)** net decrease of (-362) in HIICAP (Health Insurance Information and Assistance Program) from what NYSOFA had projected for 2022; net increase of (+\$196) in Title IIIB Support Services funds and 2022 carryover; net increase of (+\$301) in Title III C-1 Congregate Meals funds and 2022 carryover; net increase of (+\$1,025) Title III C-2 Home Delivered Meals funds and 2022 carryover; a net decrease of (-\$64) Title III-D Health Promotion Funds and 2022 carryover; net increase in (+\$280) Title III-E Caregiver Support and 2022 carryover; increase of (+\$2,792) MIPPA (Medicare Improvements for Patients and Providers Act); net decrease (-\$119) NSIP (Nutritional Supplement Incentive Program) for reimbursement of eligible meals served in pre-pandemic year; American Rescue Plan (\$103,004) monies available through 2024.
 - B. **State funds projected for 2023 total \$1,136,485-a net increase of (+\$969).** Unmet Needs; Unmet Needs supplement; Expanded in-home Services for the Elderly Program (EISEP); NY Connects Expansion and Enhancement funds; Community Services for the Elderly (CSE); Congregate Services Initiative (CSI); Wellness in Aging (WIN) funds; Caregiver Resource Center (CRC); RSVP State and Senior Transportation Services funds.
 - C. **Other revenue totals \$382,483 decrease of (-\$743) including the following changes:**
 - 1) **Interfund DSS Grants total \$61,337-a net increase (+\$1,513):**
 - i. \$42,397 (+\$643) for continuance of HEAP (Home Energy Assistance Program) application processing for those age 60 and over or who receive Supplemental Social Security Income benefits, increase primarily due to corresponding staff fringe benefit costs.
 - ii. \$18,940 (+870) for continuing Health Insurance Counseling/Medicaid Assistance to DSS to assist with Chronic Care Medicaid and Medicare Savings Program applications. Increase primarily due to corresponding staff fringe benefit costs.

- 2) **Marshall Fund: \$111,457 a net increase of (\$7,232)**
 - i. Marketing Coordination \$16,225
 - ii. Centralized Intake and Case Management \$88,000
 - iii. Got Groceries? \$ 7,232
 - 3) **MLTC (Managed Long Term Care): \$7,100 a net increase (+\$1,100)** for Medicaid Managed Long Term Care Home Delivered and Congregate Meal services. We currently contract with five (5) approved MLTC providers.
 - 4) **WNY Alzheimer’s Disease Caregiver Grant: \$125,000 (no change)** for personnel/fringe, respite, safety devices, and care consultation.
 - 5) **Gifts & Donations, totaling \$3,875 (-\$400):**
 - i. \$1500 (no change) from Genesee Senior Foundation for HDM
 - ii. \$1575 (no change) from Gene-Senior Newsletter Ads
 - iii. \$300 (no change) from WNY Retired Teachers’ Association
 - iv. \$500 (-\$400) from miscellaneous Gifts and Donations
 - 6) **Gifts and Donations Bequest totaling \$14,378 (-\$2,575)**
 - i. Spiotta Bequest \$2,378 (-2,575) as 2022 unspent carryover from funds which were issued in a final disbursement of estate. Funds applied directly to socialization opportunities for older adults, per wishes of family.
 - ii. Watson Trust Fund \$12,000 (no change). Partial allocation (year four of total \$57,946 allocation anticipated to be expended by 12/31/23). Funds applied directly to recreation/interactive opportunities to benefit homebound older adults, per wishes of family.
 - 7) **Rental Income from Lifespan Financial Program - Bank St/GCOFA:\$1,288 (+\$37)**
 - 8) **Genesee Senior Foundation, Inc. Administrative Funds \$2,975 (no change)**
 - 9) **Participant Contributions \$63,873 an increase of (+1,150)** projected participant contribution
- D. County Funds \$258,598 for an decrease of (-\$41,295)** provides required Federal and State matching funds, support for meals, Community and Home Based Services, and associated salaries/fringe costs.

3. Total Contractual Expenses, \$858,604 in 2023. A decrease from 2022 Adopted budget of (-\$44,851). Major Contractual Program Operation Changes include:

A. Registered Dietitian (RD) Services

<u>Adopted 2022</u>	<u>Adopted 2023</u>	<u>Increase/Decrease +/-</u>
\$24,960	\$33,280	+\$8,320

The RD works with food service contractor and monitors nutrition program overall to ensure compliance with all nutrition/sanitation standards as well as providing Nutrition Education and Nutrition Counseling, particularly for those with high nutritional risk. The Registered Dietitian provides menu planning, kitchen monitoring, nutrition education, nutrition counseling, program evaluation, and nutritional analysis. NYSOFA Nutrition Regulations require registered dietitians to contract for 16 hours per week.

B. Food Service Contract/Home Delivered Meals

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$310,909	\$358,000	+\$47,091

Food Service Contract with The Arc GLOW annual rates have increased 15% and we anticipate more increases given the current costs of food and wage issues. EISEP funding assisted with meal costs as did Unmet Needs funding. The demand for meals continues to climb. This is not unexpected due to changing demographics; the general increase in aging population. The trend for more short term home delivered meals for those coming out of hospital/rehab is expected to continue in 2023. A wait list is possible in 2023 if need for service increases much beyond current numbers due to capacity levels.

Meals, along with pricing, estimated to be ordered as follows:

Home Delivered Meals – Regular Hot Meal	\$7.94	36,355 meals
Congregate Meals – Hot	\$7.87	4,164 meals
2nd Cold/Sandwich Meal	\$6.19	2,485 meals
Home Delivered Meals – Frozen	\$7.97	2,748 meals

- 1) Nutrition Program Personnel Mileage costs remain a factor due to increased demand for home delivered meals in order to stay within a two hour cook/pack to delivery time requirement to maintain optimal meal temperatures. Five day per week hot meal hot delivery better meets the needs of homebound clients due to the added benefit of a daily check on clients’ safety and well-being.

- 2) Home Delivered Meals Nutritionally balanced hot meals, 5 days per week, delivered to approximately 150 clients served through traditional GCOFA nutrition services funding as well as the Medicaid Managed Long Term Care Program; second (sandwich) meals to especially frail or nutritionally needy homebound seniors; and frozen meals to individuals who meet certain criteria.

- 3) Congregate Meals* -Provides older adult dining sites at locations around the county serving a noon meal: *Batavia Senior Center, Havenwood Congregate Apts., Corfu, and *Leisuretimers Apartments. In addition to the noon meal, participants also receive nutrition education, and are offered nutrition counseling services. They also enjoy additional social/recreational opportunities provided by our program assistants.
 *Note-Leisuretimers Apartments suspended in March 2020 due to COVID-19 have not yet re-opened at this time, but would like to re-open and Batavia Senior Center would like add another day in 2023.

C. **Personal Emergency Response Systems (PERS) EISEP, Title III E Caregiver Support Services, Unmet Needs**

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$19,800	\$16,200	-\$3,600

- 1) **Expanded In-Home Services for the Elderly (EISEP)**: This is a cost-sharing program that helps make in-home care, social adult daycare, and Personal Emergency Response Systems (PERS) affordable for financially/functionally eligible older adults. Case Management is also a key service provided under EISEP. In-Home Services assist with non-medical tasks such as bathing, dressing, grooming, mobility, shopping, laundry, housekeeping. Funding remains stable. There continues to be a need for affordable in-home care services for our frail/chronically ill elders. We continue to have a wait list.
- 2) **Federal Caregiver Respite and Support Grant (Title III E)** - Federal Title III E funds provide Information, Assistance, Case Management, Caregiver Counseling, and Respite Care for frail/ chronically ill elders/and any age individuals with dementia and their informal caregivers. Caregiver respite is provided in the form of social adult day services, in-home care and Personal Emergency Response (PERS).
- 3) **Unmet Needs Funds (since in 2019)**-Addressing the unmet needs of our older residents has been a focus at the state level over the past few years. Due to this attention, along with the recognition of the value of the services the GCOFA provide, and how cost-effective they are while reducing future Medicaid spending, this funding was enacted by the legislature. The funds provided to the GCOFA address unmet needs and are available to be used flexibly. We have the ability and are directed to be creative, to serve those clients with other services and supports to meet the same goal – maintenance of independence and autonomy. Received supplemental funding to be used in 2023.

D. **Homecare In-Home Services*-EISEP/Unmet Needs, Title III E**

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$212,048	\$175,223	-\$36,825

Reduced this line due to the need to redirect funds to food service, coupled with the homecare agencies are not able to fill cases due to lack of in-home workers. We have continually had a growing wait list. Homecare services are in high demand with the rising number of frail and/or chronically ill elders in our county needing in-home and community support services. Consumer directed homecare pays for services provided by a friend or family member selected by the client vs. contracted licensed homecare agencies. With Unmet needs funds, additional services under the homecare line and can include services such as in-home aides, consumer directed, heavy cleaning, housekeeping, and laundry services. *Additional homecare may be provided under the county budget “Respite” line through the WNY Alzheimer’s Disease Caregiver Support Initiative (ADCSI) grant. The

ADCSI grant offers a menu of various respite services and is therefore inclusive on that respite county budget line.

E. Day Services-EISEP Ancillary Services, Title III E Caregiver Support, Unmet Needs

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$16,035	\$16,035	\$0

The federal Title III E Caregiver Support program does not have the cost-prohibitive cost-share requirement for clients that both EISEP (Expanded In-home Services for the Elderly Program) and Unmet Needs funds require.

F. Respite Services-WNY Alzheimer’s Disease Caregiver Support Initiative (ADCSI) Grant, EISEP, Title III E, Unmet Needs

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$37,344	\$37,344	\$0

Includes Social/Medical Adult Day Services Contract as well as case by case providers for Overnight Respite and in-home care for caregivers of persons with dementia.

G. Contracted Services ARC-Room Setup

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$3,500	\$0	-\$3,500

Not utilizing paid staff, therefore no cost/no contract.

H. Medical Transportation Services

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$28,058	\$28,308	+\$250

GCOFA Medical Transportation RTS-Genesee current contract 3 days of door to door medical transportation service for those who cannot use other public transportation service – paid by NYS Community Service for the Elderly grant. There’s an increased need for assisted medical transportation for those unable to use public transport services; within the City of Batavia and LeRoy, as well as rural areas of county. Due to a growing number of “older” older adults who are living at home with frail/chronic health conditions, funding from GCOFA grant sources are not sufficient to meet the growing need. State Transportation grant is used to fund mileage reimbursement for *volunteer drivers to transport older adults to out of county medical appointments. GCOFA Medical Transportation will coordinate with County Rural Transportation through RTS-Genesee to make County Rural transportation available in addition to the 3 days of GCOFA Medical Service. Transportation Coordination remains a vital part of services provided to older adults. *There are a few volunteer medical drivers.

I. Legal Services for the Elderly Program

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$10,500	\$10,500	no change

Required Title III-B service to provide consultations with a legal advisor on issues such as Medicaid eligibility; planning in the event of chronic care; preparing living wills and health care proxies; assigning a power of attorney; assisting with Landlord/Tenant Disputes and Consumer Problems. The types of assistance available are based on the criteria established in the Federal Older American's Act. Legal advisors from Center for Elder Law & Justice provide these services.

J. Equipment Maintenance and Repair- Unmet Needs Supplement

Adopted 2022	Adopted 2023	Increase/Decrease +/-
\$102,123	\$46,823	-\$55,300

No supplemental funding from Unmet Need anticipated. We have contracts that provide for home modifications: stair lifts, appliance repair, walk-in shower, ramps. These changes at a person's residence can allow someone the ability to remain in their own home and more independent.